



Pride of Scotland School of Dance Dress Code

Dancers are required to wear Dancewear. The Teacher must be able to see bodylines and muscle engagement for development of good posture, muscle control and muscle development. Parental support and cooperation is required to ensure that your dancer follows the Studio Dress Code. Your child MUST be dressed properly for class and have the required equipment with them for each class. This is part of the self-discipline needed to be a Dancer.

Girls Dancewear:

- black / navy leotard is preferred
- dancers may wear their studio athletic shirt with tight fitting black athletic shorts (please no loose-fitting shorts)
- shorts may also be worn over body suits
- white ballet tights or white knee-high socks
- highland ghillies or black dance slippers
- hair must be groomed off the face in a pony tail, bun or braid
- Advanced Beginner dancers and above require a practice skirt for national dances
- Intermediate & Premier Dancers require Irish Jig shoes

Boys Dancewear:

- black / navy soccer style shorts (avoid basketball style shorts as they are too long)
- dancers may wear their studio athletic shirt or other neat fitting white t-shirt
- white knee-high socks
- highland ghillies or black dance slippers
- Intermediate & Premier Dancers require Irish Jig shoes

Additionally To Bring to Class (Not required for Tartan Tots):

- Water bottle with the dancer's name
- Notebook and pen for writing down corrections